Left-Handed Crochet Quick Guide

Left-handed crocheters use the same stitches and patterns; only the direction changes. This sheet shows what to mirror and what to keep.

What stays the same

- Stitches, abbreviations, stitch counts and turning chains.
- Written patterns work as they are — read them in the same order.
- Gauge, hook sizes and yarn choice.

What changes

- You hold the hook in your left hand and the yarn in your right.
- You work along a row from **left to right**.
- Rounds travel **clockwise** instead of counter-clockwise.

Right-handed vs left-handed at a glance

	Right-handed	Left-handed
Hook hand	Right	Left
Direction along a row	Right to left	Left to right
Direction of rounds	Counter-clockwise	Clockwise
Reading a row chart (RS rows)	Start at the right edge	Start at the left edge
Reading a round chart	Counter-clockwise from the centre	Clockwise from the centre — or mirror the chart
Spiral of continuous amigurumi rounds	Leans one way	Leans the other way — this is normal

Tips

- **Written directions that name a side.** Instructions such as a pocket “on the left” or a head that tilts come out reversed. Swap left and right where it matters.
- **Colourwork and lettering.** Read a chart in the direction you work — from its left edge on right-side rows — and the picture comes out the right way round; do not flip it. Written colour-by-colour rows (“5 A, 3 B…”) start from the right, so follow the chart instead.
- **Amigurumi faces.** Place features by counting stitches from the marker, not by “left” and “right” in photos.
- **Videos.** Sit facing a right-handed video as if it were a mirror, or use a player’s mirror option if it has one.
- **Photos.** Flip step photos horizontally on your phone to match your hands.
- **Tension.** Wrap the yarn around the fingers of your right hand in whatever way keeps it even; there is no single correct grip.

General guidance in US terms. Lessons: www.forfunly.com/guides · Chart reading: www.forfunly.com/guides/read-crochet-charts

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